Roller board tips
What you should be looking out for when buying a roller board: 7 Tips from Sport-Thieme

The roller board: children’s absolute favourite. We demonstrate what you should be looking out for when buying roller board.

**This is what a sage roller board looks like:**

- Protective edges prevent damage to the roller board and to walls
- Non-abrasive, very quiet solid rubber tyres
- Easy rolling, ball-bearing-mounted swivel castors
- Protective caps push fingers away from the castors and prevent injuries
- Sturdy plywood, 120 kg maximum load
- Tip-proof through low point of gravity
- Holes for two ropes

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### 7 Roller board tips:

1. **Protective caps on the castors**
   
   Your roller boards should come with protective caps so children’s fingers cannot get into the castors. They can also be retrofitted to existing roller boards.

2. **Be mindful of stability**
   
   Children like to try everything – even to jump around on the roller boards or to ride on them with more people than recommended. Therefore, the roller board should be made from sturdy material and be able to withstand a lot of stress. Sport-Thieme roller boards are made from sturdy plywood and can hold a maximum load of more than 120 kg.

3. **Tip-proof**
   
   The lowest possible point of gravity improves the handling and ensures that children do not tip the board over the board even when going around fast bends.

4. **Rubber edges**
   
   Rubber caps on the edges not only protect the roller board but also walls and furniture in case of a collision. This does not just prevent ugly dents. It is also a safety feature as it prevents breaking and chipping. The protective edges are available separately and can also be retrofitted.

5. **High-quality castors**
   
   The castors are an important roller board component and should be adjusted dependent on the area of use. Only roller boards with non-abrasive solid rubber tyres should be used indoors, as they are particularly quiet and do not mark the floor. For softer hall floors, double castors are recommended because of the bigger surface area.

6. **Ball bearings are a must-have**
   
   Easy-rolling, ball-bearing-mounted swivel castors ensure good rolling qualities and good steering. Once it is rolling, the board races through the hall without additional pushes.

7. **Expand the possibilities of use**
   
   Large holes at the front and the rear offer even more possibilities. You can connect several boards using skipping ropes and make a train, or children can pull each other along.