

# Aids to Reduce Aggression



## 1 | Burnermotion Gladiator Bats

Using the foam bats, children can compete in a fair contest: the little fighters can burn excess energy whilst also having fun and experiencing a challenge. The soft, padded foam bats with nylon covers turn everyone into little samurai warriors. A great way for people to measure themselves against each other without any fear of injury. \*Kids\*: L: 55 cm, ø 5.5 cm, 197 g. \*Regular\*: L: 83.5 cm,

ø 5.5 cm, 240 g. Trendy design: includes 1 orange bat with black print and 1 black bat with orange print.

71 281 5709 Kids

71 281 5712 Regular

Pair

Pair

Attention! Not suitable for children under 3 years. To be used under the direct supervision of an adult.



12 of each

## 2 | Burnermotion 'School Set' Gladiator Bats

Set includes: 1 bag, 1 book (in German), 12 black bats, 12 orange bats.

71 281 5800 Kids

71 281 5813 Regular

Set

Set

Set

- ✓ To release aggression
- ✓ Encourages participants to let off steam together



## 3 | Sport-Thieme Sumo Wrestler Padded Suit

Great fun for getting rid of any aggression. Players can sweat, tumble, wrestle or fight to get rid of their aggression. 2 padded suits in the shape of a sumo wrestler made of strong 100% polyester. Head protection and gloves included. We recommend using mats as an underlay (not included).

**Mini:** Suitable for children aged 5–8, L: approx. 82 cm, approx. 2 kg.

**Maxi:** For teenagers and adults, L: approx. 140 cm, circumference approx. 300 cm, weighs 13.5 kg.

71 132 8992 Mini

71 132 8947 Maxi

Pair

Pair

## 4 | Sport-Thieme Belly Bumper

Climb into the ring... great fun for all age groups. Made of strong plastic material, which is inflated using a special valve. Suitable for indoor and outdoor use: in snow, in water, etc. No need to stand around watching. Simply hop in or slip it over you and the fun can begin! Ideas for exercises include: bumping against one another (gets rid of aggression), for use in races, ball games or turning in circles. Also develops arm and shoulder muscles. Use a compressor to inflate. For teens and adults: outer ø approx. 100 cm, inner ø approx. 39 cm, 5.3 kg. For children: outer ø approx. 78 cm, inner ø approx. 28 cm, 4 kg.

For children  
71 132 8918

For teenagers and adults

71 132 8905

Each

Each



## 5 | Sportime Ring Ball

A twist on tug of war. Up to 6 people can pull and tug on the ball, spin round in circles and come up with new ideas for games. Encourages social interaction and gets rid of any aggression. For children up to 12 years of age. ø 55 cm.

71 204 7007

Each