

pedalo®



1 | Pedalo Therapy Stabiliser

Improves coordination and reactions, and stabilises posture. The area of movement, swinging speed and intensity level can be adjusted with the movement limiters. Ideal for training stability when standing and for preventing falls, also suitable for patients with neurological conditions. (LxWxH) excluding standing platform: 58x58x108 cm. (LxWxH) including stand-



- ✓ Very stable design
- ✓ Adjust the level of difficulty



- ✓ Works well on all surfaces

3 | Pedalo Balance Board

High-quality balance board with a stable base plate and unstable standing exercise plate that sits on an extra soft rubber cushion. The large standing plate allows for a variety of stability and balance exercises while sitting, lying, or propped up with your feet hip-width apart. Rubber feet guarantee a non-slip position on all surfaces. With a non-slip sticker. Ø 50 cm. Maximum load 100 kg.

71 132 4004 Each



2 | Pedalo Step Rocking Board

Improves ankle stability. Better training results thanks to the 2 curve radii. With non-slip runners. LxWxH: 52x22x40 cm, 6.3 kg, can hold up to 150 kg.

71 265 6801 Each

- ✓ Comes with resistance bands and loops



4 | Pedalo '32' Springboard

New: Senso spring system with optimal spring effect for all weight categories.

Reacts sensitively to changes in position, to which you have to take immediate counterbalancing measures. Best suited for exercises to stabilise ankle and leg joints. For exercising one leg on its own or both legs together. Ø 32 cm, H: 20 cm. Suitable for body weights from 15–100 kg.

71 128 5228 Each

5 | Pedalo '50' Springboard

This mini trampoline not only trains stability and jump strength, but is also great fun. The variable Senso springs provide a swing and bounce experience for children over 15 kg and adults weighing up to 110 kg. Ø 50 cm, H: 18 cm.

71 131 3505 Each

6 | Pedalo Vestimed

Patent 102007048399. A universal piece of training equipment for fitness, therapy and rehabilitation. The training surface is dynamic, which strengthens the entire body and promotes coordination. Can also be used with resistance bands. Non-

slip, water-repellent surface. Ø 50 cm, H: 18 cm, 7 kg. Comes with 1 pair of washable resistance bands with handles and 2 attaching straps. Suitable for a body weight from 30–110 kg. **Recommended by the German Parkinson's Association, when following the HORA method.**

71 209 6520 Each

Accessory for 4, 5 & 6



- ✓ Increases the max. load by 15 kg

7 | Pedalo Spring Insert

Gives Pedalo springboards more stability. Easy to position one or more Pedalo springs between the platforms. This makes it possible to reduce instability but also offers targeted alignment. The

springs also increase the maximum load, enabling heavier people to train with the springboard. 17x9x9 cm.

71 262 3001 Each

More training equipment available online at: sport-thieme.com

Coordination