

## Aqua fitness gloves

- ✓ Greater comfort and improved feel for the water
- ✓ Choice of open or closed fingertips

### With open fingertips



1 |

#### 1 | Sport-Thieme Open-Fingered Aqua Fitness Gloves

Open version, without fingertips

These gloves increase the level of resistance when exercising in water, improving the training effect. They provide an optimal feel for the water and also enable better grip of aqua jogging dumbbells without having to take the gloves off. Textile surface, neoprene palm.

Sizes:

- S = glove size 7
- M = glove size 8
- L = glove size 9

S, 23.5x16.5 cm, turquoise	Pair
<b>71 258 3600</b>	
M, 25x18 cm, red	Pair
<b>71 258 3613</b>	
L, 26.5x19 cm, blue	Pair
<b>71 258 3626</b>	

### With closed fingertips



2 |

#### 2 | Sport-Thieme Aqua Fitness Gloves

These gloves increase the level of resistance when exercising in water, improving the training effect. Textile surface, neoprene palm. With hook-and-loop fasteners on the wrists.

Sizes:

- S = glove size 7
- M = glove size 8
- L = glove size 9

S, 23.5x16.5 cm, turquoise	Pair
<b>71 258 3701</b>	
M, 25x18 cm, red	Pair
<b>71 258 3714</b>	
L, 26.5x19 cm, blue	Pair
<b>71 258 3727</b>	



- ✓ For arm and leg workouts
- ✓ Coated surface

#### 3 | Beco Aqua Twin II

These power sandals will provide you with an effective water workout for legs, abs and glutes. The foot straps can be adjusted. The surface is coated, making them not only extremely strong but also very comfortable to wear. Thanks to their new shape, the Aqua Twins can also be used as floats for resistance training for the arms. Training with the Aqua Twins is very efficient and is easy on the joints. Can also be used as a stepper in deep water to develop

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leg and bottom muscles. 23x20 cm.	
S, shoe size 36–41, red	Pair
<b>71 209 2007</b>	
L, shoe size 42–46, blue	Pair
<b>71 209 2010</b>	

## Floating fitness



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#### 4 | Beco BeBoard

A special mat for fitness training on water. Whether it's for gentle workouts such as yoga and Pilates or for fast-paced cardio workouts, in floating fitness the unstable surface provides a real challenge. The layered construction and stabilisation bands incorporated into the air chamber ensure the BeBoard doesn't bow or twist during exercises. With a non-slip exercise mat and standing area made of EVA foam. LxWxH: 250x90x15 cm, 12 kg.

- ✓ An air-filled mat for balance training on the water

Don't forget to order:

#### 5 | Pump for Beco BeBoard

Flexible hose with a bayonet connector. Integrated pressure gauge for optimum pressure. LxWxH: 61x25x12 cm, approx. 1.05 kg.



<b>71 261 9200</b>	Each
<b>71 268 5609</b>	Each