

Training Equipment



- ✓ Ideal for technique and endurance training
- ✓ Suitable for all age groups
- ✓ Made of strong closed-cell polyethylene foam

Top rated
sport-thieme.com



Ronald wrote:
"Great product! Perfect for training your swimming technique."

i Pullbuoys

The pullbuoy is the **perfect piece of training equipment for technique and endurance training in the water**. For ambitious swimmers of all performance levels, the one-piece pullbuoy is a must-have for training arms.

The universal version from Sport-Thieme does not absorb water and consists of extremely strong closed-cell polyethylene foam. The material is kind to the skin and has rounded edges.

The pullbuoy supports the body during arm training by compensating for the buoyancy normally generated by the leg strokes. Thanks to its adapted shape, the pullbuoy can easily be held between the thighs. The swimmer moves forwards solely by using their arms.

1 | Sport-Thieme Pullbuoy

Perfect for technique and endurance training. Made from closed-cell polyethylene foam. 22x15 cm.

71 113 3514 Blue/white

Each

71 239 7001 Pink/white

Each

2 | Sport-Thieme 'Junior' Pullbuoy

This pullbuoy is smaller than the original and therefore particularly suited for children and smaller people. 22x9 cm.

71 239 6907 Blue/white

Each

71 239 6910 Pink/white

Each



arena
WATER INSTINCT



- ✓ **Strength, endurance and technique training**
- ✓ **High-quality PE foam**

3 | Sport-Thieme Pullkick

Pullkick with special hydrodynamic arrow shape for power, endurance and technique training. Approx. 30x32 cm. Made of high-quality PE foam.

71 244 7201

Each

4 | Arena Pullkick

Ideal 2-in-1 training aid which can be used as a kickboard or a pullbuoy. Hydrodynamic shape. Its rounded edges prevent chafing. Approx. 31x28 cm. Made from durable closed-cell polyethylene foam.

71 211 7805 Yellow

Each

71 211 7818 Black

Each

71 211 7821 Green

Each

71 211 7834 Pink

Each

71 211 7847 Blue

Each

5 | Sport-Thieme Multi-Grip Kickboard

With ergonomically shaped grip holes for use in water gymnastics and beginners' swimming lessons. Optimal extended body position for back stroke and breast stroke training. Made of Plastazote.

71 114 1014 35x22x3 cm

Each

71 114 1001 49x29x3.8 cm

Each