Discus

1

2

✔ **Complies with World Athletics regulations**

3

✔ **World Athletics-certified**

4

✔ **World Athletics-certified**
✔ **Incl. carry bag**

1 | Sport-Thieme 'Wood' Competition Discus

Made from plywood, with metal ring. Extremely durable and robust. Rotates slowly. C
See table for available versions.

2 | Sport-Thieme 'Plastic' Competition Discus

Made of special durable plastic with metal ring, complies with DLV and World Athletics regulations. Ideal rotation and flight characteristics at all distances. C
See table for available versions.

3 | Polanik Competition Discus

Made of fibreglass-reinforced plastic, with calibration screw. Ring made of special, corrosion-resistant alloy. Therefore very robust. Great rotation characteristics. World Athletics-certified. C
See table for available versions.

4 | New! Polanik 'CCD14 Carbon' Competition Discus

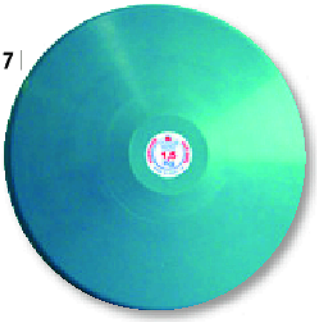
Made of carbon fibre. World Athletics-certified. For advanced users and professionals. Very lightweight side discs made of carbon fibres allow weight to be distributed for longer throws. The steel core in the brass ring makes it extremely shock-resistant. Incl. carrying bag. C
See table for available versions.

	1| 'Wood' Competition Discus	2| 'Plastic' Competition Discus	3| Competition Discus		4| CCD14 Competition Discus	
Weight	Product code	Product code	Product code	IAAF	Product code	IAAF
0.75 kg	C 71 124 4146	C 71 124 3606	C 71 272 5912	–	C 71 293 4219	–
1 kg	C 71 124 4104	C 71 124 3619	C 71 272 5938	✔	C 71 293 4222	✔
1.5 kg	C 71 124 4117	C 71 124 3622	C 71 272 5954	✔	C 71 293 4235	✔
1.75 kg	C 71 124 4120	C 71 124 3635	C 71 272 5970	✔	C 71 293 4251	✔
2 kg	C 71 124 4133	C 71 124 3648	C 71 272 5983	✔	C 71 293 4264	✔

Training aids

5

6

7 

5 | Sport-Thieme Indoor Discus

Specially developed for use indoors, particularly suitable for psychomotor exercises for catching and throwing as well as for developing technique in children's athletics. The outer rubber ring ensures secure grip and also protects against injuries and damage. ø 17 cm, 350 g.
T **71 124 3244** Each

6 | Sport-Thieme Rubber Training Discus

Great value. Does not bounce and therefore causes no damage to the hall floor. Ideal for training. ø 18.5 cm.
T **71 124 3202** 1 kg Each
T **71 124 3215** 1.5 kg Each
T **71 124 3228** 1.75 kg Each
T **71 124 3231** 2 kg Each

7 | Trial Discus

Discus made of foamed rubber and with a soft grip. Rounded edges for safe training indoors or out on the sports field. T
See table for available versions.

Weight	Colour	ø	Product code
0.3 kg		18.2 cm	71 254 9372
0.5 kg		18.2 cm	71 254 9301
0.75 kg		18.2 cm	71 254 9314
1 kg (women)		18.2 cm	71 254 9356
1.5 kg (women)		18.2 cm	71 254 9327
1.5 kg (men)		21.2 cm	71 254 9330
1.75 kg (men)		21.2 cm	71 254 9343
2 kg (men)		22 cm	71 254 9369

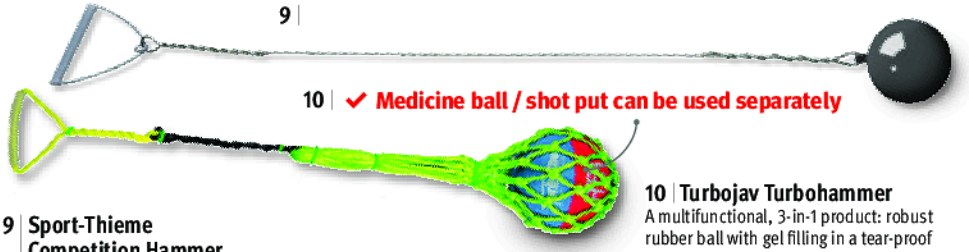
Discus accessories

8 | Sport-Thieme Discus Throwing Circle

ø 2.50 m. To be cemented into the ground, with welded-on cross supports for easier installation and greater measuring accuracy – reducing installation costs. H: 70 mm, international version.
5-year guarantee!
71 124 0014 Each

We also recommend:
Hammer throw accessories, p. 170

Hammer throw

9 

10 ✔ **Medicine ball / shot put can be used separately**

9 | Sport-Thieme Competition Hammer

Competition hammer. Complies with DLV and World Athletics regulations. Made of steel, with swivel and wire, standard handle. Hammer must be assembled.

2 kg, blue, ø 85 mm
C **71 270 0159** Each

3 kg, green, ø 108 mm
C **71 270 0104** Each

4 kg, white, ø 102 mm
C **71 270 0117** Each

5 kg, yellow, ø 115 mm
C **71 270 0120** Each

6 kg, red, ø 115 mm
C **71 270 0133** Each

7.26 kg, black, ø 120 mm
C **71 270 0146** Each

10 | Turbojav Turbohammer

A multifunctional, 3-in-1 product: robust rubber ball with gel filling in a tear-proof throwing net with plastic handle. Can be used in 3 ways: as a throwing hammer for training technique with children aged 12+, as a shot put with markers for where to hold the ball, or as an excellent training medicine ball. Suitable for indoor and outdoor use. Length: 46 cm, ø of ball: 16 cm, 2.5 kg.
T **71 281 2609** Each

Please contact us for prices and shipping costs.